

ELSWICK HARRIERS CLUB ROAD CHAMPIONSHIP 2019

	Newcastle parkrun Saturday 30/3 Short Results	Terry O'Gara 5k Sunday 28/4 Short	Clive Cookson 10k Wednesday 15/5 Medium	Sunderland 5k Thursday 11/7 Short	Jelly Tea 10 mile Sunday 18/8 Long	Heaton Memorial 10k Sunday ?/11 Medium	Brampton to Carlisle Sunday ?/11 Long	Total of best 4	Short bonus	Medium bonus	Long bonus	POINTS TOTAL
SENIOR WOMEN												
Catherine Lowes	13	11						24	1			25
Amy Heptinstall	12	10						22	1			23
Robyn Newlands	11	8						19	1			20
Hannah Marshall	10	7						17	1			18
Amy Fuller		12						12	1			13
Dawn Harman	6	6						12	1			13
Jennifer Scarlett		9						9	1			10
Amy Brown	9							9	1			10
Amanda Kennon	8							8	1			9
Laura Clegg	7							7	1			8
SENIOR MEN												
Simon McEnaney	13	9						22	1			23
Stephen Addison	12	8						20	1			21
Ben Hall	9	6						15	1			16
Richard Houghton	14							14	1			15
Jonathan Rewcastle	11							11	1			12
Andrew Bell		10						10	1			11
Dean Pepperell	10							10	1			11
Michael Palmer	8							8	1			9
Adam Bell		7						7	1			8
John Ryan	7							7	1			8
John Stewart	6							6	1			7
WOMEN V40												
Deborah Willmot	7	6						13	1			14
Andrea Banner	11							11	1			12
Arabella Pearce	10							10	1			11
Emma Dance	9							9	1			10
Kay Thompson	8							8	1			9
Marion Peutherer	6							6	1			7
MEN V40												
Andrew Ball	20	8						28	1			29
Noel Stoddart	19	7						26	1			27
Lee Coulson	16	6						22	1			23
Chris Pearce	18							18	1			19
Paul Robinson	17							17	1			18
Daniel Nettle	15							15	1			16
Carl Marshall	14							14	1			15

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Kevin Hopper	13							13	1			14
Micky Shore	12							12	1			13
Peter Cass	11							11	1			12
David Jardin	10							10	1			11
Mark Whittingham	9							9	1			10
Robert Curtis	8							8	1			9
Jason Meecham	7							7	1			8
Chris Hull	6							6	1			7
WOMEN V50												
Melissa Bateson	6							6	1			7
Kim Matthews		6						6	1			7
MEN V50												
Phil Baston	10	8						18	1			19
Aidan Cairns	6	6						12	1			13
Mike Russell		10						10	1			11
Keith Adams	9							9	1			10
Rob Lambert		9						9	1			10
Richard Hudson	8							8	1			9
Jim Ross	7							7	1			8
Robert Wilson		7						7	1			8
WOMEN V60												
Yvonne Swinhoe	6							6	1			7
MEN V60												
Peter Sloan		6						6	1			7
WOMEN V70												
Irene Henderson	7	6						13	1			14
Christine Lee	6							6	1			7
MEN V70												
Harry Matthews	6	7						13	1			14
Mark McNally		6						6	1			7