

ELSWICK HARRIERS CLUB ROAD CHAMPIONSHIP 2019

| | Newcastle parkrun Saturday 30/3 Short Results | Terry O'Gara 5k Sunday 28/4 Short | Clive Cookson 10k Wednesday 15/5 Medium | Sunderland 5k Mid-week, Mid July Short | Jelly Tea 10 mile Sunday 18/8 Long | Heaton Memorial 10k Sunday ?/11 Medium | Brampton to Carlisle Sunday ?/11 Long | Total of best 4 | Short bonus | Medium bonus | Long bonus | POINTS TOTAL |
|---------------------|--|---|---|--|--|--|---|--------------------|----------------|-----------------|---------------|-----------------|
| SENIOR WOMEN | | | | | | | | | | | | |
| Catherine Lee | 13 | | | | | | | 13 | 1 | | | 14 |
| Amy Heptinstall | 12 | | | | | | | 12 | 1 | | | 13 |
| Robyn Newlands | 11 | | | | | | | 11 | 1 | | | 12 |
| Hannah Marshall | 10 | | | | | | | 10 | 1 | | | 11 |
| Amy Brown | 9 | | | | | | | 9 | 1 | | | 10 |
| Amanda Kennon | 8 | | | | | | | 8 | 1 | | | 9 |
| Laura Clegg | 7 | | | | | | | 7 | 1 | | | 8 |
| Dawn Harman | 6 | | | | | | | 6 | 1 | | | 7 |
| | | | | | | | | | | | | |
| SENIOR MEN | | | | | | | | | | | | |
| Richard Houghton | 14 | | | | | | | 14 | 1 | | | 15 |
| Simon McEnaney | 13 | | | | | | | 13 | 1 | | | 14 |
| Stephen Addison | 12 | | | | | | | 12 | 1 | | | 13 |
| Jonathan Rewcastle | 11 | | | | | | | 11 | 1 | | | 12 |
| Dean Pepperell | 10 | | | | | | | 10 | 1 | | | 11 |
| Ben Hall | 9 | | | | | | | 9 | 1 | | | 10 |
| Michael Palmer | 8 | | | | | | | 8 | 1 | | | 9 |
| John Ryan | 7 | | | | | | | 7 | 1 | | | 8 |
| John Stewart | 6 | | | | | | | 6 | 1 | | | 7 |
| | | | | | | | | | | | | |
| WOMEN V40 | | | | | | | | | | | | |
| Andrea Banner | 11 | | | | | | | 11 | 1 | | | 12 |
| Arabella Pearce | 10 | | | | | | | 10 | 1 | | | 11 |
| Emma Dance | 9 | | | | | | | 9 | 1 | | | 10 |
| Kay Thompson | 8 | | | | | | | 8 | 1 | | | 9 |
| Deborah Willmot | 7 | | | | | | | 7 | 1 | | | 8 |
| Marion Peutherer | 6 | | | | | | | 6 | 1 | | | 7 |
| | | | | | | | | | | | | |
| MEN V40 | | | | | | | | | | | | |
| Andrew Ball | 20 | | | | | | | 20 | 1 | | | 21 |
| Noel Stoddart | 19 | | | | | | | 19 | 1 | | | 20 |
| Chris Pearce | 18 | | | | | | | 18 | 1 | | | 19 |
| Paul Robinson | 17 | | | | | | | 17 | 1 | | | 18 |
| Lee Coulson | 16 | | | | | | | 16 | 1 | | | 17 |
| Daniel Nettle | 15 | | | | | | | 15 | 1 | | | 16 |
| Carl Marshall | 14 | | | | | | | 14 | 1 | | | 15 |
| Kevin Hopper | 13 | | | | | | | 13 | 1 | | | 14 |
| Micky Shore | 12 | | | | | | | 12 | 1 | | | 13 |
| Peter Cass | 11 | | | | | | | 11 | 1 | | | 12 |
| David Jardin | 10 | | | | | | | 10 | 1 | | | 11 |

