

Rank	Team Number	Team Name	Category	Leg A Runner	Leg A Time	Leg B Runner	Leg B Time	Leg C Runner	Leg C Time	Total Time
1	11	MORPETH HARRIERS - A	Sen	Alistair Douglass	00:08:05	Rochelle Falloon	00:09:32	Tom Straughan	00:07:58	00:25:35
2	35	SUNDERLAND STROLLERS - A	Sen	Chris Dwyer	00:08:48	Alyson Dixon	00:08:48	Mark Anderson	00:08:19	00:25:55
3	94	SUNDERLAND HARRIERS - A	Sen	Kevin Jeffress	00:08:14	Alice Smith	00:09:19	Ian Ritchie	00:08:27	00:26:00
4	112	GOSFORTH HARRIERS - C	V40	Al Johnson	00:08:26	Sarah Seymour	00:09:40	Andy Heppell	00:08:32	00:26:38
5	95	SUNDERLAND HARRIERS - B	Sen	Nathan Reed	00:08:12	Graeme Pullan	00:09:06	Sarah Knight	00:09:35	00:26:53
6	79	ELVET STRIDERS - A	Sen	Georgie Hebdon	00:08:44	Fiona Brannon	00:09:24	Gareth Pritchard	00:08:46	00:26:54
7	40	HEATON HARRIERS - A	Sen	James McKenzie	00:08:39	Hannah Nagal	00:09:51	James Meader	00:08:25	00:26:55
8	17	TYNE BRIDGE HARRIERS - A	Sen	Lee Gifford	00:08:24	Mairi Clancy	00:10:13	Paul O'mara	00:08:38	00:27:15
9	8	NORTH SHIELDS POLY - H	V40	Sean Malley	00:09:16	Guy Bracken	00:08:10	Carla Maley	00:09:54	00:27:20
10	98	SUNDERLAND HARRIERS - E	V40	Rob Walker	00:08:22	Judith Thirlwell	00:11:08	Steven McMahon	00:08:24	00:27:54
11	26	JARROW & HEBBURN A.C. - C	Sen	James Martin	00:09:12	Emily Jones	00:10:20	Jack Brown	00:08:31	00:28:03
12	18	TYNE BRIDGE HARRIERS - B	Sen	Jake Dorman	00:08:45	Heather Dorman	00:10:32	Ian Pickett	00:08:49	00:28:06
13	41	HEATON HARRIERS - B	Sen	Charlie Townsend	00:09:24	Ellen Roberts	00:10:09	Ian Robinson	00:08:36	00:28:09
14	110	GOSFORTH HARRIERS - A	Sen	Zack Wylie	00:08:13	Elaine McKechnie	00:10:44	Tom Coates	00:09:15	00:28:12
15	96	SUNDERLAND HARRIERS - C	Sen	Steve Rankin	00:08:32	Paul McLachlan	00:09:35	Eve Quinn	00:10:20	00:28:27
16	77	BLAYDON HARRIERS - C	Sen	Isaac Dunn	00:08:35	Roselle Oberholter	00:10:41	James Dias	00:09:16	00:28:32
17	116	JARROW & HEBBURN - D	Sen	Paddy McShane	00:09:37	Elaine Leslie	00:10:26	Anton Mirafsari	00:08:40	00:28:43
18	48	SOUTH SHIELDS HARRIERS - A	Sen	Chris Camps	00:09:02	Rachel Breheny	00:10:16	Aaron Nichols	00:09:33	00:28:51
19	13	MORPETH HARRIERS - C	V40	Jamie Johnson	00:09:43	Helen King	00:10:01	David Swinburne	00:09:09	00:28:53
20	7	NORTH SHIELDS POLY - G	Sen	Christine Burns	00:10:12	Rory McConnachy	00:09:10	Andrew Phillips	00:09:35	00:28:57
21	117	BIRTLEY A.C. - B	Sen	Greg Poulton	00:08:50	Rebecca Pottinger	00:10:22	Lee Drummond	00:09:51	00:29:03
22	101	WASHINGTON R.C. - B	Sen	Tim Jones	00:08:53	Julie Ann Castling	00:10:54	Craig Smith	00:09:19	00:29:06
23	56	SOUTH SHIELDS HARRIERS - I	Sen	Gavin Mulvaney	00:08:43	Kim Lancaster	00:11:08	Dale McCallum	00:09:27	00:29:18
24	1	NORTH SHIELDS POLY - A	V50	John Baty	00:09:05	Karen Gunn	00:11:04	Thomas Brannon	00:09:10	00:29:19
25	14	MORPETH HARRIERS - D	V50	Phil Walker	00:09:14	Jane Briggs	00:10:50	Paul Waterston	00:09:21	00:29:25
26	19	TYNE BRIDGE HARRIERS - C	Sen	David Heartis	00:09:06	Susan Murphy	00:11:11	Dave Moir	00:09:10	00:29:27
27	100	WASHINGTON R.C. - A	Sen	Jason Osmin	00:08:52	Sarah Turnbull	00:11:45	Peter Settlefield	00:08:56	00:29:33
28	42	HEATON HARRIERS - C	Sen	Calum Mills	00:09:27	Ellen Cole	00:10:57	Wayne Fuller	00:09:10	00:29:34
29	9	NORTH SHIELDS POLY - I	Sen	Norman De Bruin	00:09:36	Louise Hayes	00:10:24	Darren Suleman	00:09:42	00:29:42
30	50	SOUTH SHIELDS HARRIERS - C	V40	Paul Stewart	00:08:40	Kirsty Pound	00:11:43	Geoff McGurty	00:09:21	00:29:44
31	52	SOUTH SHIELDS HARRIERS - E	V40	Miles Weston	00:09:46	Jacky Murdy	00:10:36	Steve Stewart	00:09:43	00:30:05
32	76	BLAYDON HARRIERS - B	Sen	James Ramshaw	00:09:08	Joanne Ramshaw	00:10:47	Lee Pattison	00:10:13	00:30:08
33	74	BIRTLEY A.C. - A	Sen	Brain Bailes	00:10:18	Ruth Dadswell	00:10:06	Chloe Price	00:09:50	00:30:14
34	85	SALTWELL HARRIERS - A	Sen	Kevin Reynolds	00:09:01	Laura Towers	00:11:19	Paul Smith	00:10:01	00:30:21
35	44	HEATON HARRIERS - E	V40	Scott McEntee	00:10:25	Nina Cameron	00:10:34	Ian Norman	00:09:24	00:30:23
36	49	SOUTH SHIELDS HARRIERS - B	Sen	Jemma Amin	00:11:10	Kevin Steves	00:09:21	Max Tyrie	00:09:58	00:30:29
37	25	JARROW & HEBBURN A.C. - B	V50	Maurice Woodward	00:10:11	Heather Robinson	00:10:45	Michael Thornton	00:09:40	00:30:36
38	71	ASHINGTON HIRST R.C. - L	Sen	Paul Slaughter	00:10:13	Julie Parkinson	00:11:40	Robert Morris	00:08:51	00:30:44
39	30	BLYTH R.C - D	V40	Steven French	00:09:53	Sandra Watson	00:11:08	Ian Baxter	00:09:48	00:30:49
40	6	NORTH SHIELDS POLY - F	V40	Alan Keeagan	00:10:17	Lourdes Bradley	00:10:23	Tom Payne	00:10:12	00:30:52
41	20	TYNE BRIDGE HARRIERS - D	Sen	Phil Scott	00:09:25	Katie Gallagher	00:12:07	Tom Crossley	00:09:21	00:30:53
42	27	BLYTH R.C - A	Sen	Joe Wren	00:08:47	Anita Brabazon	00:12:46	Craig Harmon	00:09:22	00:30:55
43	64	ASHINGTON HIRST R.C. - E	V40	David Barker	00:09:35	Melanie Horan	00:11:22	Philip Battisa	00:10:06	00:31:03
44	24	JARROW & HEBBURN A.C. - A	Sen	Jonathan Gilroy	00:08:56	Vicki Thompson	00:12:23	Darren Park	00:09:49	00:31:08
45	15	MORPETH HARRIERS - E	V50	Paul Bellingham	00:10:07	Sue Smith	00:11:43	Neil McAnany	00:09:19	00:31:09

46	81	ELVET STRIDERS - C	Sen	Robin Parsons	00:10:18	Ross Parker	00:10:18	Katy Walton	00:10:36	00:31:12
47	43	HEATON HARRIERS - D	Sen	Alexander Moore	00:09:45	Deborah Hicks	00:12:00	James Duthie	00:09:33	00:31:18
48	113	GOSFORTH HARRIERS - D	Sen	Martyn Lloyd	00:10:01	Jenny Graham	00:11:10	Matt Gwilym	00:10:09	00:31:20
49	91	LOW FELL R.C. - B	Sen	Danny Wade	00:09:42	Jess Illingworth	00:09:56	Ian Mamott	00:11:46	00:31:24
50	102	WASHINGTON R.C. - C	Sen	Nic Clarke	00:12:05	Garry Reay	00:09:47	Carl Smith	00:09:36	00:31:28
51	5	NORTH SHIELDS POLY - E	Sen	Michelle Thompson	00:10:22	Cheryl Hall	00:10:47	Wendy Pawsey	00:10:30	00:31:39
52	12	MORPETH HARRIERS - B	Sen	Steve Major	00:10:46	Lorna MacDonald	00:10:04	Claire Calverley	00:10:57	00:31:47
53	21	TYNE BRIDGE HARRIERS - E	Sen	John Tollitt	00:09:55	Gemma Finnie	00:11:44	Colin Rogerson	00:10:15	00:31:54
54	103	WASHINGTON R.C. - D	Sen	John Kelly	00:09:48	Louise Butchart	00:12:31	Nick Butchart	00:09:47	00:32:06
55	70	ASHINGTON HIRST R.C. - K	Sen	Rebecca Croft	00:12:17	David Triplow	00:10:01	Jon Scott	00:09:50	00:32:08
56	28	BLYTH R.C - B	Sen	Henry Madden	00:09:44	Michelle Conner	00:12:40	Colin Jackson	00:10:13	00:32:37
57	92	LOW FELL R.C. - C	Sen	Neil Kavanagh	00:10:16	Cheryl Stanley	00:12:27	Colin Hodgson	00:09:57	00:32:40
58	87	SALTWELL HARRIERS - C	Sen	Paul Blackett	00:10:26	Tanya Velho	00:11:54	Michael Fitzpatrick	00:10:21	00:32:41
59	86	SALTWELL HARRIERS - B	Sen	Barry Ord	00:10:40	Ellie Layton	00:11:34	Tim Hildreth	00:10:36	00:32:50
60	93	LOW FELL R.C. - D	Sen	Richard McGuire	00:10:18	Sarah Bull	00:10:48	Michael Howe	00:11:49	00:32:55
61	104	WASHINGTON R.C. - E	Sen	Derek Truman	00:11:01	Alex Charlton	00:11:26	Darren Wilkinson	00:10:49	00:33:16
62	36	SUNDERLAND STROLLERS - B	V60	Malcolm Cox	00:10:51	Lyne Valentine	00:11:21	Bill Kirk	00:11:08	00:33:20
63	31	BLYTH R.C - E	V40	Tony Dunn	00:09:59	Sue Browning	00:13:10	Steven Cairns	00:10:18	00:33:27
64	59	CROOK & DISTRICT A.C. - B	V50	Graham Laverick	00:11:21	Sue Chadwick	00:11:44	Geoff Hewitson	00:10:24	00:33:29
65	69	ASHINGTON HIRST R.C. - J	Sen	Kate Mclean	00:12:26	Alan Stewart	00:10:44	Matthew Carney	00:10:20	00:33:30
66	51	SOUTH SHIELDS HARRIERS - D	Sen	George Bull	00:10:20	Carly Henderson	00:11:26	Paul Gray	00:11:46	00:33:32
67	66	ASHINGTON HIRST R.C. - G	V40	Gary Caldwell	00:10:09	Natalie McDermott	00:12:51	Nick Crofts	00:10:34	00:33:34
68	84	ELVET STRIDERS - F	V60	Conrad White	00:10:39	Geoffrey Davis	00:10:28	Roz Layton	00:12:28	00:33:35
69	53	SOUTH SHIELDS HARRIERS - F	Sen	Fran Dembele	00:12:01	Lee Heatherington	00:09:36	George Newman	00:12:03	00:33:40
70	2	NORTH SHIELDS POLY - B	V50	Vaughan Hemy	00:09:51	Alison Ainsley	00:13:31	James Thompson	00:10:22	00:33:44
71	58	CROOK & DISTRICT A.C. - A	Sen	Elizabeth Wood	00:11:03	Jason Marr	00:11:14	Caroline Teasdale	00:11:31	00:33:48
72	45	HEATON HARRIERS - F	Sen	Phil Green	00:10:14	Lisa Boyd	00:12:26	Joanne Adamson	00:11:39	00:34:19
73	80	ELVET STRIDERS - B	Sen	Anna Seeley	00:11:56	Natalie Bell	00:11:07	Matthew Carr	00:11:18	00:34:21
74	106	WASHINGTON R.C. - G	Sen	Chris Clarke	00:10:18	Joanne Danby	00:12:44	Neil Stephenson	00:11:37	00:34:39
75	82	ELVET STRIDERS - D	Sen	Steve Ellis	00:12:47	Laura Jennings	00:11:56	Zoe Dewdney-Parsons	00:09:58	00:34:41
76	111	GOSFORTH HARRIERS - B	V50	Richard McQuade	00:10:08	Sue Guy	00:13:58	Kevin Thomas	00:10:37	00:34:43
77	16	MORPETH HARRIERS - F	V60	Les Cavill	00:10:59	Pam Woodcock	00:12:43	Gavin Bayne	00:11:24	00:35:06
78	54	SOUTH SHIELDS HARRIERS - G	Sen	Neil Yorston	00:11:17	Sarah Bezuidenhout	00:12:36	Grant Bezuidenhout	00:11:25	00:35:18
79	63	ASHINGTON HIRST R.C. - D	Sen	Mark Rudkin	00:11:40	Michael Rutherford	00:10:59	Helen McGregor	00:12:42	00:35:21
80	75	BLAYDON HARRIERS - A	Sen	Jennifer MacDonald	00:12:34	Karen Page	00:12:28	Ian Waterhouse	00:10:32	00:35:34
81	114	MORPETH HARRIERS - G	V60	Mike Steven	00:10:44	Cath Young	00:12:32	Lesley Chapman	00:12:31	00:35:47
82	72	FREEMAN STROLLERS - A	V40	Lisa Coulthard	00:12:27	Jenny Houton	00:13:04	Peter Smith	00:10:23	00:35:54
83	78	BLAYDON HARRIERS - D	V60	Tony Leonard	00:11:46	Doreen Craig	00:13:06	Alan Storey	00:11:03	00:35:55
84	108	WASHINGTON R.C. - I	Sen	Anthony Forster	00:12:03	Katherine Conway	00:11:57	Keith Denman	00:12:05	00:36:05
85	3	NORTH SHIELDS POLY - C	Sen	Jay Sully	00:10:18	Louise Coultate	00:11:57	Spencer Brown	00:13:57	00:36:12
86	109	WASHINGTON R.C. - J	Sen	David Sore	00:12:31	Hazel Robson	00:11:05	Becky Swindells	00:12:43	00:36:19
87	105	WASHINGTON R.C. - F	Sen	Spencer Tindal	00:11:53	Joanne Brannen	00:13:02	Dan Atkinson	00:11:27	00:36:22
88	22	TYNE BRIDGE HARRIERS - F	Sen	Neal Richardson	00:10:43	Emma Moir	00:13:28	Michael Robson	00:12:12	00:36:23
89	33	BLYTH R.C - G	V60	Steve Gillspie	00:11:14	Anne Craddock	00:13:01	Joe Fraber	00:12:37	00:36:52
90	83	ELVET STRIDERS - E	V40	Stephen Soulsby	00:10:36	Catherine Smith	00:13:43	Peter McGowan	00:12:45	00:37:04
91	32	BLYTH R.C - F	V40	Michael Ashby	00:11:24	Alison French	00:12:57	Paul Ridley	00:12:44	00:37:05

92	23	TYNE BRIDGE HARRIERS - G	Sen	Steph Issac	00:12:35	Julie Killick	00:13:43	Rachel Gill	00:10:59	00:37:17
93	55	SOUTH SHIELDS HARRIERS - H	Sen	Ellen White	00:14:32	Gary Dunlop	00:11:00	Mel Cooke-Dunlop	00:11:53	00:37:25
94	68	ASHINGTON HIRST R.C. - I	V40	John Sharp	00:11:50	Michelle Embleton	00:13:19	Andrew Cobb	00:12:19	00:37:28
95	65	ASHINGTON HIRST R.C. - F	Sen	Louise Stewart	00:12:33	Laura Shaw	00:12:55	Tracey Smith	00:12:31	00:37:59
96	29	BLYTH R.C - C	Sen	Neil Marshall	00:11:33	Clairy Southern	00:12:54	David Stamp	00:13:39	00:38:06
97	62	ASHINGTON HIRST R.C. - C	V40	Steven Barker	00:12:24	Sarah Handy	00:14:28	Geoff Rogers	00:11:43	00:38:35
98	46	HEATON HARRIERS - G	V40	Vicki Adderson	00:13:19	Alison Vaulkhard	00:12:47	Helena Walsater	00:12:41	00:38:47
99	73	FREEMAN STROLLERS - B	V50	Lynne Cornell	00:11:58	Susan Hillman	00:13:44	Liz Clark	00:13:15	00:38:57
100	88	SALTWELL HARRIERS - D	V40	Kevin Bruce	00:13:48	Lisa Anderson	00:13:33	Fred Webb	00:11:57	00:39:18
101	99	SUNDERLAND HARRIERS - F	V50	Albert James	00:11:47	Vince Emmett	00:12:31	Margaret Thompson	00:15:31	00:39:49
102	107	WASHINGTON R.C. - H	Sen	Iain Wilson	00:13:44	Adrian Kelsall	00:13:43	Kayleigh Ross	00:12:46	00:40:13
103	67	ASHINGTON HIRST R.C. - H	Sen	Emma Hall	00:13:54	Tara-leigh Waugh	00:13:50	Rick Asquith	00:12:53	00:40:37
104	60	ASHINGTON HIRST R.C. - A	V50	Antonia Hobbs	00:13:23	Elizabeth Wilson	00:15:06	Ann Birchall	00:12:40	00:41:09
105	89	SALTWELL HARRIERS - E	Sen	Heather McFarlane	00:11:27	Julie Bentley	00:15:37	Rosie Reynolds	00:14:17	00:41:21
106	34	BLYTH R.C - H	V40	Ron Forster	00:13:22	Tracy Nicolson	00:18:13	Steve Dobby	00:10:24	00:41:59
107	4	NORTH SHIELDS POLY - D	V40	Joanne Watson	00:13:05	David Morris	00:14:48	Andrew Webb	00:14:42	00:42:35
108	61	ASHINGTON HIRST R.C. - B	Sen	Liona Redpath	00:14:35	Dave Metcalfe	00:14:09	John Armitage	00:13:54	00:42:38
109	47	HEATON HARRIERS - H	V40	David Gilmore	00:10:48	Janette Kilgour	00:17:54	George Routledge	00:18:33	00:47:15
	97	SUNDERLAND HARRIERS - D	Sen	Allan McManus	00:10:15	Maria Davis	00:12:34	No Runner		Incomplete Team
	10	NORTH SHIELDS POLY - J	V40	Cristina Tyley	00:12:20	Huw Parry	00:11:09			#VALUE!
	90	LOW FELL R.C. - A	Sen	Richard Conder	00:09:28	Clare Magrath	00:11:32	Peter Smith		#VALUE!