

Elswick Harriers Good Friday Relays

Veterans Men Relay Results

1	Morpeth Harriers A	45.53		9	Tyne Bridge B	50.11		17	Houghton Harriers A	54.14	
	Fergus Bates	11.18	(3)		Chris Meek	12.07	(8)		Steve Johnson	12.32	(12)
	Mick Thomsen	12.15	(4)		Matt Tomlinson	12.52	(10)		Shaun Kerry	13.15	(13)
	Micky Morris	11.10	(1)		Nick Howell	12.56	(10)		Steve Barry	14.42	(19)
	John Butters	11.10	(1)		David Moir	12.16	(10)		Shaun McGrath	13.45	(18)
2	Tyne Bridge A	46.19		10	Birtley AC A	52.03		18	Alnwick Harriers A	54.25	
	Terry Scott	11.04	(1)		Jamie Graham	12.42	(13)		John Duffy	12.45	(15)
	Keith Smith	11.51	(1)		Peter Gill	12.37	(11)		Ian Simon	14.24	(20)
	David Wright	11.53	(2)		Phil Atkinson	13.25	(12)		Phil Helmsley	12.30	(17)
	Steve Cairns	11.31	(2)		Nicky Newby	13.19	(11)		Jock Bolam	14.46	(19)
3	Elswick Harriers A	47.18		11	Gosforth Harriers A	52.23		19	Blackhill Bounders A	54.47	
	Paul Turner	11.29	(4)		Darren McBain	12.19	(10)		Kevin Doolan	12.45	(14)
	Jason Old	11.56	(3)		Phil Guy	14.04	(17)		Aidan Hughes	15.41	(28)
	Iain Hardy	12.12	(3)		Martin Lloyd	13.22	(18)		Stewy Bell	13.21	(22)
	Lee Bennett	11.41	(3)		Steve Boddy	12.38	(12)		Mick McDonald	13.00	(20)
4	Crook AC A	47.25		12	Tyne Bridge C	52.30		20	Gosforth Harriers B	55.25	
	Chis Auld	11.34	(5)		Andy Harrison	13.06	(20)		Simon Daniels	12.58	(19)
	Jason Allison	12.17	(6)		David Appleby	12.55	(15)		Stuart Norman	13.45	(19)
	Peter Clough	12.30	(6)		John Tollitt	13.18	(16)		Kevin Thomas	14.05	(20)
	Carl Chapman	11.04	(4)		Paul Routeledge	13.11	(13)		John Berry	14.37	(21)
5	North Shields Poly A	48.23		13	Elswick Harriers B	52.39		21	North Shields Poly C	56.04	
	Tommy Brannon	11.42	(6)		Paul Robinson	12.49	(16)		Dave Williams	13.42	(29)
	Michael Parkinson	11.55	(5)		Martin Connelly	12.50	(12)		Barry Young	14.11	(24)
	John Baty	12.02	(4)		Anthony Beynon	13.02	(11)		Vauchan Hemy	14.10	(23)
	John Heaney	12.44	(5)		Mike Russell	13.58	(14)		James Thompson	14.01	(22)
6	Heaton Harriers A	49.19		14	Sunderland Strollers A	52.53		22	Ponteland Runners A	56.16	
	Jamie Barbour	11.05	(2)		Ritchie Gerry	12.57	(18)		John MCGargill	13.29	(25)
	John Moore	13.02	(7)		Tim Allsop	13.20	(16)		David Levison	14.01	(22)
	Les Smith	12.18	(7)		Mike Hobson	12.45	(14)		Mark Reynolds	15.15	(28)
	Ian Norman	12.54	(7)		Bill Bowman	13.51	(15)		Neil Ward	13.31	(23)
7	Morpeth Harriers B	49.46		15	Low Fell RC A	52.59		23	Sunderland Harriers B	56.16	
	Rob Hancox	12.15	(9)		Carl Watson	13.11	(21)		Peter Richardson	14.25	(34)
	Alistair MacDonald	12.36	(8)		Mick Graham	13.24	(18)		Dean Phillips	13.54	(27)
	Tim Miley	12.31	(8)		Laurence Johnson	12.16	(13)		Tony Allinson	13.51	(24)
	Paul Waterstones	12.24	(8)		Danny Wade	14.08	(16)		Karl Robinson	14.06	(24)
8	Gateshead Harriers A	49.57		16	Wallsend Harriers A	53.20		24	Birtley AC B	56.40	
	Alan Johnson	11.43	(7)		Gerard Davidson	12.53	(17)		Gary Cuttis	13.22	(24)
	Martin Slater	11.33	(2)		Sean McIntyre	13.01	(14)		Brian Bailes	14.33	(25)
	Steve Wellings	13.04	(5)		Paddy Dinsmore	13.22	(15)		Rob Wilson	13.44	(21)
	Richard Cutter	13.37	(9)		Paul Stretesky	14.04	(17)		Ian Goulding	15.01	(25)

25	North Shields Poly B	56.49		34	Alnwick Harriers B	59.42		43	Blyth RC A	64.18	
	Dave Johnson	14.55	(41)		Gary Hall	13.20	(23)		Dave Roberts	14.43	(37)
	David Hughes	14.59	(35)		Andy Stephenson	15.38	(31)		Dave Bradley	17.01	(47)
	Chris Waite	12.25	(26)		Mark Doctor	14.26	(29)		Joe Frazer	16.26	(46)
	Robert Foster	14.30	(26)		Micky Aiston	16.18	(35)		Michael Ashby	16.08	(44)
26	Tyne Bridge D	56.55		35	Claremont R.R. A	60.00		44	Blackhill Bounders B	65.54	
	Andy Mellon	13.14	(22)		John Grimsahw	15.27	(44)		Stuart Gordon	14.40	(36)
	David Young	14.10	(21)		Chris Carr	15.09	(42)		Mark Fish	15.17	(37)
	Chris Bartlett	14.54	(25)		Brian Hegarty	14.53	(35)		Eric Stamp	17.18	(44)
	Stu Dickson	14.37	(27)		Mungai Wairia	14.31	(36)		Mike Gill	18.39	(45)
27	Elswick Harriers B	57.21		36	Sunderland Strollers C	60.08		45	Sunderland Strollers D	68.28	
	Shaun Connelly	13.43	(30)		Mark Robinson	14.40	(35)		Allen Hetherington	18.26	(51)
	Harry Mathews	14.27	(26)		Terry Topping	14.59	(33)		Richard Wilson	17.45	(51)
	Steve White	14.27	(27)		Jim McGovern	16.12	(37)		Phil Watson	16.01	(49)
	Graham Leslie	14.44	(28)		Robert Welsh	14.17	(37)		Peter Holliday	16.16	(46)
28	Morpeth Harriers C	57.25		37	Sunderland Harriers C	60.12		46	Tyne Bridge E	68.57	
	Jim Alder	13.39	(28)		Duncan Mitchell	15.23	(43)		Ron Murray	17.05	(50)
	Steve Garrett	16.51	(41)		Anthony Erskin	14.48	(39)		Scott Wilkinson	17.40	(50)
	Dave Nicolson	13.30	(31)		Billy Bitlestone	15.59	(39)		Derek Vardy	17.19	(48)
	Michael Winter	13.25	(29)		Anthony Thompson	14.02	(38)		Rob Savage	16.53	(47)
29	Sunderland Strollers B	57.40		38	Jarrow & Hebburn A	61.24		47	Blackhill Bounders C	71.45	
	Lee Corbett	14.52	(39)		Geoff Robinson	14.13	(33)		John Hopps	15.32	(47)
	Harry Harrison	14.13	(32)		Michael Bunn	15.40	(34)		George McKay	14.23	(36)
	Michael Armstrong	14.50	(30)		David Smith	16.14	(38)		David Walton	18.07	(45)
	Paul Dunlop	13.45	(30)		Frank Devlin	15.17	(39)		Graham Stockdale	23.43	(48)
30	Derwent Valley R.C A	58.26		39	Heaton Harriers B	62.15			Low Fell RC C	49.32	
	Colin Phillipson	13.47	(31)		Colin McEntee	16.33	(49)		Colin McDougall	15.31	(45)
	Mike Leonard	14.46	(29)		Keith Madden	14.38	(45)		Gordon Long	15.51	(46)
	Andrew Carrcott	15.38	(32)		Les Bellis	15.31	(43)		Alan Elders	18.10	(47)
	Ian Ralphson	14.15	(31)		Sam Daley	15.33	(40)				
31	Blaydon Harriers A	58.49		40	Ponteland Runners B	62.22			Crook AC B	32.19	
	Eric Lewis	13.35	(27)		Elliot Ward	14.53	(40)		Graham Laverick	15.32	(46)
	Liam Friel	14.14	(23)		Peter Bartholomew	16.07	(44)		Gerry Hehir	16.47	(48)
	Carl Brown	16.53	(33)		Mark Kelly	15.36	(41)				
	Alan Dent	14.07	(32)		Chris Wright	15.46	(41)		Houghton Harriers B	32.49	
32	Low Fell RC B	59.24		41	Wallsend Harriers B	62.35			Steve Pearson	16.23	(48)
	Doug Long	13.31	(26)		Alan Heslington	14.48	(38)		Mick Dickinson	16.26	(49)
	Mike Stacey	15.21	(30)		Lee Walker	15.40	(40)				
	Simon Turnbull	16.41	(36)		Stephen Aird	15.43	(40)		DQ	Sunderland Harriers A	48.47
	Garry Patterson	13.51	(33)		Michael Day	16.24	(42)		Paul Collins	12.25	(11)
33	Derwentside AC A	59.38		42	North Shields Poly D	62.56			Alan Knebel	12.29	(9)
	Dave Reay	13.55	(32)		Ian Richardson	15.14	(42)		Mark Head	12.42	(9)
	Adrian Cattle Jones	16.09	(38)		Phil Rees	15.33	(43)		Paul Redman	11.11	(6)
	Jason Williamson	14.50	(34)		Chris Oliphant	15.53	(42)				
	Brian Buckley	14.44	(34)		Hew Parry	16.16	(43)				