

Elswick Harriers Good Friday Relays

Senior Men Relay Results

1	Morpeth Harriers - A	42.03		9	Sunderland Harriers - B	45.28		17	Gateshead Harriers - C	47.46	
	Pater Newton	10.17	(2)		Andy Powell	11.08	(14)		Steven Medd	11.36	(24)
	Carl Avery	10.30	(1)		Ian Dixon	11.30	(10)		Callum Simpson	12.26	(21)
	Chris Smith	10.45	(1)		Jonny Howe	11.31	(9)		Sean Hall	11.37	(18)
	Ian Hudspith	10.31	(1)		Steve McMahon	11.19	(9)		Richard Ostell	12.07	(17)
2	Morpeth Harriers - B	43.05		10	North Shields Poly - A	45.57		18	Heaton Harriers - A	47.53	
	Ross Playd	10.44	(8)		Graeme Cook	11.04	(11)		Alan Bell	12.31	(37)
	Scott Beattie	10.42	(3)		Michael Dawson	11.27	(9)		Ben Brummel	11.49	(23)
	Tom Staughan	10.49	(2)		Ross Butcher	11.50	(10)		Tom Oliphant	11.49	(21)
	Ryan Stephenson	10.50	(2)		Scott Ellis	11.36	(10)		Mark Oliver	11.44	(18)
3	Elswick Harriers - A	43.34		11	Gateshead Harriers - B	46.01		19	Gosforth Harriers - A	47.57	
	Tadele Geremew	10.21	(3)		Greg Urwin	11.22	(17)		W Buswell	11.05	(12)
	Lee Ager	11.37	(7)		James Porteous	11.24	(12)		Tom Coates	12.14	(16)
	Bradley Clough	11.41	(7)		Ross Christie	11.36	(11)		Gareth Driscoll	12.18	(17)
	Phil Hurst	09.55	(3)		Keven Connolly	11.39	(11)		Zak Wylie	12.20	(19)
4	Gateshead Harriers - A	43.50		12	Jarrow & Hebburn AC - A	46.38		20	Blyth RC - A	48.00	
	Dan Johnson	10.38	(6)		Brendan McMillan	11.22	(16)		Sam Dodd	11.24	(18)
	Conrad Franks	10.49	(4)		Kevin Emmett	11.54	(15)		Jake Jansen	11.49	(14)
	Rob Dobson	11.30	(4)		Gareth Thraves	12.05	(15)		Jon French	12.04	(14)
	Barry Maskell	10.53	(4)		Liam Emmett	11.17	(12)		Joseph Woods	12.43	(20)
5	Morpeth Harriers - C	44.17		13	Wallsend Harriers - A	46.45		21	Heaton Harriers - B	48.33	
	Kevin Calvert	10.36	(5)		Harry Coates	11.07	(13)		Wayne Fuller	11.49	(26)
	Graeme Taylor	11.01	(5)		Phil Aiston	11.43	(13)		Ian Robinson	11.59	(20)
	Robert Balmbra	11.17	(3)		Tim Nicholson	12.18	(13)		Les Smith	12.11	(20)
	Sam Hancox	11.23	(5)		Nick Zissler	11.37	(13)		Andy Burden	12.34	(21)
6	Sunderland Harriers - A	44.22		14	Birtley AC - A	46.46		22	Blackhill Bounders - A	48.42	
	Nathan Reed	10.51	(10)		Peter Franie	11.48	(25)		Jordan Bell	10.45	(9)
	Steve Rankin	10.59	(6)		Paul Reay	12.24	(22)		Ian Middlemass	12.54	(18)
	Sparrow Morley	11.24	(6)		Darren Purvis	11.40	(19)		Ian Young	12.50	(24)
	Craig Isherwood	11.08	(6)		Adrian Bailes	10.54	(14)		Stewy Bell	12.13	(22)
7	Crook AC - A	44.27		15	Morpeth Harriers - D	46.50		23	Crook AC - B	48.55	
	Wondiye Indelbu	10.31	(4)		Adam Gibbs	11.21	(15)		Sam Beckett	11.24	(19)
	Markhim Lonsdale	10.48	(2)		James Young	11.24	(11)		Tony Murray	12.19	(19)
	David Best	11.50	(5)		Matthew Bayle	12.07	(12)		Grahma Spowart	12.37	(23)
	Carl Chapman	11.18	(7)		Dave Swinburne	11.58	(15)		Liam Armstrong	12.35	(23)
8	Tyne Bridge - A	44.38		16	Tyne Bridge - B	47.01		24	Sunderland Harriers - C	49.02	
	Kurt Heron	10.42	(7)		David Johnson	11.25	(21)		Chris Bell	12.28	(36)
	Tom Charlton	11.18	(8)		Chris Graham	11.55	(17)		Sean Mackis	12.13	(25)
	Paul Turnbull	11.50	(8)		Stevie Barker	12.02	(16)		Mark Smith	11.30	(22)
	James Dunce	10.48	(8)		Alex Polding	11.39	(16)		Jack Tallentire#	12.51	(24)

25	Tyne Bridge - C	49.25		34	Saltwell Harriers- A	51.40		43	Blyth RC - B	53.39	
	Dee Coughlan	12.15	(32)		Matt Hooper	13.31	(54)		Ben Cuthbertson	13.37	(57)
	Paul Omara	12.28	(27)		Dave Scribbins	12.30	(41)		Calum Storey	13.46	(54)
	Chris Huitson	12.19	(25)		Dale McCallum	12.55	(38)		Joseph Dungworth	13.09	(47)
	Tim Kelso	12.23	(25)		Graham Stephenson	12.44	(35)		Jake Masterman	13.07	(44)
26	Sunderland Strollers - A	49.31		35	Jarrow & Hebburn AC - B	51.47		44	Blyth RC - C	53.46	
	Tom Clark	12.37	(42)		Alan Bell	12.54	(46)		Rob MacDonald	13.18	(51)
	Declan Munnelly	12.05	(26)		Darren Parks	13.03	(40)		Graeme Stewart	12.35	(39)
	Luke McCormack	12.47	(28)		Jack Moore	12.40	(34)		Peter Hulmbalic	13.10	(40)
	Aidan Crowe	12.02	(26)		Jack Brown	13.10	(36)		Ryan Shiel	14.43	(45)
27	North Shields Poly - B	49.36		36	Heaton Harriers - C	52.35		45	South Shields - A	54.15	
	Paul West	11.34	(22)		Ian Norman	12.51	(44)		D Morrow	12.06	(29)
	Kris Whitelaw	13.45	(32)		Dan Robins	12.46	(35)		A Day	14.20	(47)
	Will Robson	12.03	(27)		Micky Mallen	12.34	(31)		D Cooke	14.26	(50)
	Daniel Richardson	12.14	(27)		John Moore	14.24	(37)		J Ward	13.23	(46)
28	Tyne Bridge - D	49.48		37	Sunderland Harriers - D	52.39		46	Elswick Harriers - C	54.21	
	John Hurse	12.02	(28)		Jack Smith	13.13	(50)		Seamus Kellers	12.55	(48)
	Andrew Dougal	12.36	(24)		Alex Mitchell	13.36	(50)		Anthony Benyan	13.28	(46)
	Charlie Townsend	12.28	(26)		Kyle Howard	12.50	(43)		Michael Share	14.34	(51)
	Matt Davison	12.42	(28)		Nic Killeen	13.00	(38)		Ben Halt	13.24	(47)
29	Gateshead Harriers - E	50.31		38	Gateshead Harriers - F	52.40		47	Low Fell RC - A	54.22	
	Paul Tate	12.52	(45)		Richard Cutter	12.35	(40)		D Wade	13.35	(56)
	Joe Kirkley	12.28	(33)		Steve Wellings	12.30	(29)		D France	12.28	(42)
	Alan Johnson	12.12	(29)		Paul Andrews	13.17	(32)		P Smith	13.42	(44)
	Phil McKeown	12.59	(29)		Malcolm Thirlaway	14.18	(39)		K Roll	14.37	(48)
30	Wallsend Harriers - B	50.38		39	Wallsend Harriers - C	52.49		48	Hunwick Harriers - A	54.47	
	Kris Stobbes	12.14	(31)		Simon Lyon	11.59	(27)		Mark Ketley	12.50	(43)
	Robbie Livermore	13.09	(34)		Paul McAleer	13.16	(31)		Andrew Lee	13.14	(44)
	Callum Livermore	12.17	(30)		Nathan Halliday	13.23	(35)		George Boyer	13.45	(45)
	Paddy Dinsmore	12.58	(30)		Andy Wigmore	14.11	(40)		Paul Dawson	14.58	(49)
31	Gateshead Harriers - D	51.01		40	North Shields Poly - C	52.56		49	Tyne Bridge - F	54.48	
	Paul Attley	12.23	(34)		Simon Ellis	12.32	(38)		Adrian Hall	12.54	(47)
	Tom Mount	14.32	(51)		Adam Rowe	13.35	(45)		David Young	14.39	(55)
	Martin Slater	11.50	(36)		Stephen Hall	12.50	(39)		James Knox	13.30	(52)
	David Old	12.16	(31)		Domonic Lockhart	13.59	(41)		Matt Walker	13.45	(50)
32	Tyne Bridge - E	51.26		41	South Shields - B	53.00		50	Ponteland Runners - A	55.07	
	Simon Kristiansen	12.59	(49)		Michael Todd	12.22	(33)		Steve Allison	12.27	(35)
	David Colpitts	12.42	(36)		Kieran Moffat	12.27	(28)		John McFargill	14.08	(48)
	David Dickson	12.53	(33)		Declan Marshall	14.38	(41)		Paul O'Neil	14.15	(49)
	John Goldsbrough	12.52	(32)		Chris Warnock	13.33	(42)		Mattew Bell	14.17	(51)
33	Darlington H & AC - A	51.37		42	Elswick Harriers - B	53.11		51	Gosforth Harriers - B	55.08	
	Darren Stockdale	13.49	(59)		Paul Jones	12.37	(41)		Matt Gwilyn	12.33	(39)
	Mark Tallon	14.13	(57)		John Lowes	13.12	(38)		Marc Oldham	13.10	(37)
	Jamie Rutherford	12.06	(46)		Tom Rebar	13.44	(42)		Brendon Maloney	15.47	(53)
	Drew Inglis	11.29	(34)		Mark Crowe	13.38	(43)		Martin Lloyd	13.38	(52)

52	Heaton Harriers - E	56.34			
	Peter Smith	15.03	(65)		
	Scott McEntee	12.44	(56)		
	Keith Hadden	14.13	(55)		
	John James	14.34	(53)		
53	Heaton Harriers - D	57.09			
	Phil Green	13.19	(52)		
	Thomas Green	15.12	(58)		
	Alan Langford	14.42	(56)		
	James Green	13.56	(54)		
54	Sunderland Strollers - B	57.15			
	Michael Hendeson	13.33	(55)		
	Michael Dixon	13.49	(53)		
	Carl Smith	13.21	(48)		
	Paul Riddell	16.32	(55)		
55	North Shields Poly - D	58.37			
	Andrew Dyson	14.35	(61)		
	Richard Hanley	14.12	(59)		
	Dave Williams	14.48	(57)		
	Alan Whitley	15.02	(56)		
56	Ponteland Runners - B	59.25			
	Paul Holborow	14.46	(63)		
	Finlay Ward	15.02	(62)		
	Elliott Ward	15.31	(59)		
	Chis Kenyon	14.06	(57)		
57	Blackhill Bounders - B	59.49			
	James McElrue	13.27	(53)		
	Colin Hodgson	13.12	(49)		
	Mark Berry	15.09	(54)		
	Nick Hattrick	18.01	(58)		
58	Derwentside AC - B	60.07			
	Liam Taylor	15.13	(66)		
	Brian Buckley	14.33	(61)		
	Adian Cantel Jones	16.14	(61)		
	Dave Reay	14.07	(59)		
59	Low Fell RC - B	60.37			
	M Stacey	14.33	(60)		
	J Wiper	15.04	(60)		
	D Salmon	14.10	(58)		
	A Elders	16.50	(60)		
60	Tyne Bridge - G	65.56			
	David Curran	14.38	(62)		
	Danny Fletcher	15.58	(63)		
	Shaun Cowan	14.55	(60)		
	Scott Wilkinson	20.25	(61)		
61	Blyth RC - D	67.48			
	Mark Nicholson	14.51	(64)		
	Simon Sellaozs	23.06	(65)		
	Craig Harmon	16.05	(63)		
	Martin Scott	13.46	(62)		
62	Heaton Harriers - F	70.23			
	Less Bellins	15.44	(67)		
	Colin McEntire	16.08	(64)		
	Ian Sanderson	15.14	(62)		
	George Routeledge	23.17	(63)		
	Sunderland Harriers - E	26.03			
	Michael Laws	11.35	(23)		
	Gary Fox	14.28	(43)		
	Houghton Harriers & AC	27.21			
	Alex Brown	11.25	(20)		
	Stephen Pearson	15.56	(52)		
	Tipton Harriers A	10.11			
	Ryan McLeod	10.11	(1)		
	Jarrow & Hebburn AC - C	13.46			
	John Campbell	13.46	(58)		
DQ	Derwentside AC - A	51.27			
	Francisco Hartinel Sevilla	12.10	(30)		
	Graham Marshall	12.56	(30)		
	Dark Davinson	13.47	(37)		
	Steve Dickson	12.34	(33)		