

# Elswick Harriers Good Friday Relays 2014

## Senior Men Relay Results

<b>1</b>	<b>Morpeth Harriers 'A'</b>	<b>42.05</b>		<b>9</b>	<b>Jarrow &amp; Hebburn AC 'A'</b>	<b>46.22</b>		<b>17</b>	<b>Tyne Bridge 'B'</b>	<b>47.50</b>	
	Ryan Stephenson	10.43	(4)		Brendan McMillan	11.07	(9)		Gary Jones	11.55	(24)
	Nathan Shrubbs	10.28	(2)		George Lowry	11.28	(7)		Louis Goppe	11.44	(17)
	Matt Nicolson	10.25	(1)		Liam Emmett	11.38	(10)		Paul Turnbull	12.09	(14)
	Lewis Timmins	10.29	(1)		Kevin Emmett	12.09	(9)		David Anderson	12.02	(17)
<b>2</b>	<b>Gateshead Harriers 'A'</b>	<b>42.27</b>		<b>10</b>	<b>Tynedale Harriers 'A'</b>	<b>46.34</b>		<b>18</b>	<b>Birtley AC 'B'</b>	<b>48.21</b>	
	Daniel Johnson	10.30	(2)		Jonny Currie	11.13	(11)		Neil Allan	11.26	(16)
	Barry Maskell	10.40	(1)		Alistair Maxwell	11.51	(12)		Ethan Oaki	12.17	(18)
	Conrad Franks	10.58	(2)		Chris Baber	11.53	(11)		Shawn Laws	12.40	(20)
	Chris Parr	10.19	(2)		Adam Pratt	11.37	(10)		Lee Millmore	11.58	(18)
<b>3</b>	<b>Sunderland Harriers 'A'</b>	<b>44.08</b>		<b>11</b>	<b>Morpeth Harriers 'C'</b>	<b>46.35</b>		<b>19</b>	<b>Alnwick Harriers 'A'</b>	<b>48.29</b>	
	Nathan Reed	10.29	(1)		Adam Weightman	11.36	(18)		Dvid Kirkland	11.17	(13)
	Craig Isherwood	11.04	(3)		Sam Hancox	11.29	(13)		Adam Shafiq	12.32	(20)
	Michael Barker	11.35	(4)		Ian Harding	10.47	(8)		Ian Simon	12.28	(19)
	Mark Hood	11.00	(3)		Mark Snowball	12.43	(11)		Dan Lene	12.12	(19)
<b>4</b>	<b>Gateshead Harriers 'B'</b>	<b>44.13</b>		<b>12</b>	<b>North Shields Poly 'A'</b>	<b>46.59</b>		<b>20</b>	<b>Wallsend Harriers 'A'</b>	<b>48.30</b>	
	Dara Chesser	10.46	(5)		Scott Ellis	10.58	(8)		Andy Graham	11.34	(17)
	James Cripwell	11.11	(5)		Ross Butcher	11.54	(11)		Harry Coates	11.17	(10)
	Greg Chambers	10.55	(3)		Michael Garrard	12.28	(12)		Paul Mcaller	13.16	(18)
	Adam Simms	11.21	(4)		Graham Crammond	11.39	(12)		Kris Stobbs	12.23	(20)
<b>5</b>	<b>Birtley AC 'A'</b>	<b>44.45</b>		<b>13</b>	<b>Heaton Harriers 'A'</b>	<b>47.01</b>		<b>21</b>	<b>Blackhill Bounders 'A'</b>	<b>49.01</b>	
	Thomas Goulding	10.51	(7)		Lucas Longman	11.24	(15)		Jordan Bell	10.47	(6)
	Keiran Reay	11.18	(6)		Mark Oliver	12.04	(15)		Ian Middlemas	13.06	(21)
	Conna Carruthers	11.47	(9)		Ian Robinson	12.32	(16)		Luke Aston	13.02	(23)
	Adian Bailes	10.49	(5)		Jamie Barbour	11.01	(13)		Gary Wallace	12.06	(21)
<b>6</b>	<b>Tyne Bridge 'A'</b>	<b>44.46</b>		<b>14</b>	<b>Sunderland Strollers 'A'</b>	<b>47.28</b>		<b>22</b>	<b>Tyne Bridge 'C'</b>	<b>49.55</b>	
	Marc Fenwick	10.35	(3)		Steve Rankin	11.12	(10)		Steve Barker	11.51	(23)
	Sparrow Morley	11.15	(4)		Andy Powell	12.15	(14)		David Daniels	12.49	(26)
	Chris Graham	11.53	(6)		Michael Laws	12.04	(13)		Ben Priestley	13.05	(27)
	James Dunce	11.03	(6)		Michael Edwards	11.57	(14)		John Hurse	12.10	(22)
<b>7</b>	<b>Morpeth Harriers 'B'</b>	<b>44.54</b>		<b>15</b>	<b>Blyth RC 'A'</b>	<b>47.29</b>		<b>23</b>	<b>Gosforth Harriers 'A'</b>	<b>50.05</b>	
	Elliot Kelly	11.14	(12)		James Young	12.14	(26)		Tom Coates	11.44	(21)
	Michael Dawson	11.31	(9)		Joseph Dungworth	11.56	(25)		Garreth Driscoll	12.18	(23)
	Karl Avery	10.50	(5)		Lee Cuthbertson	11.51	(17)		Mark Thomas	13.27	(24)
	Tom Straughan	11.19	(7)		Bradley Clough	11.28	(15)		Darren McBain	12.36	(23)
<b>8</b>	<b>Gateshead Harriers 'C'</b>	<b>45.49</b>		<b>16</b>	<b>Heaton Harriers 'B'</b>	<b>47.48</b>		<b>24</b>	<b>Tyne Bridge 'D'</b>	<b>50.22</b>	
	James Porteous	11.41	(19)		Dan Robins	11.42	(20)		Chris Huitton	12.27	(30)
	Luke Clark	10.56	(8)		Magnus McGillivran	11.50	(16)		Andrew Webber	12.35	(28)
	Jed Marshall	11.11	(7)		Mark Banks	12.22	(15)		Andrew Greenwell	12.35	(25)
	Nigel Camilleri	12.01	(8)		Jamie Macleod	11.54	(16)		Alastair Blain	12.45	(24)

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<b>25</b>	<b>Sunderland Harriers 'B'</b>	<b>50.58</b>		<b>33</b>	<b>Low Fell RC 'A'</b>	<b>52.52</b>		<b>41</b>	<b>Gosforth Harriers 'B'</b>	<b>56.19</b>	
	Mark Smith	11.44	(22)		Mark Weatherburn	13.48	(41)		Simon Daniels	13.37	(39)
	Matthew Feary	12.14	(22)		Jon Stephens	11.48	(31)		Mark Hanlon	13.44	(38)
	Sam Harris	12.57	(22)		Garry Patterson	13.17	(30)		Richard McQuaide	14.00	(39)
	Dennis Hearn	14.03	(25)		Niel Kavanner	13.59	(33)		Daniel Cartwright	14.58	(41)
<b>26</b>	<b>North Shields Poly 'B'</b>	<b>51.10</b>		<b>34</b>	<b>Elswick Harriers 'C'</b>	<b>53.25</b>		<b>42</b>	<b>Elswick Harriers 'B'</b>	<b>56.32</b>	
	Simon Ellis	12.10	(25)		Joe Walker	13.30	(38)		Anthony Benyon	14.16	(44)
	Paul West	11.58	(24)		Daniel Balmain	13.49	(37)		Richard Roberts	13.34	(41)
	William Robson	12.29	(21)		Jordan Heslop	13.15	(34)		Ben Hall	13.43	(40)
	Richard Hanley	14.33	(26)		Tom Rebar	12.51	(34)		Micky Shore	14.59	(42)
<b>27</b>	<b>Gateshead Harriers 'D'</b>	<b>51.22</b>		<b>35</b>	<b>Ponteland Runners 'A'</b>	<b>54.16</b>		<b>43</b>	<b>Tyne Bridge 'E'</b>	<b>56.56</b>	
	Paul Tate	12.30	(32)		Steve Allison	12.25	(29)		Phil Scott	12.48	(33)
	Joe Kirkley	13.09	(32)		Elliott Ward	16.13	(43)		Iain Dalby	14.37	(39)
	Chris Paton	13.05	(29)		Mark Lyon	12.40	(38)		Will Johnson	15.11	(43)
	Phil KcKeown	12.38	(27)		Jason Old	12.58	(35)		Michael Nemeth	14.20	(43)
<b>28</b>	<b>Tynedale Harriers 'B'</b>	<b>51.50</b>		<b>36</b>	<b>Hunwick Harriers 'A'</b>	<b>54.55</b>		<b>44</b>	<b>North Shields Poly 'C'</b>	<b>57.25</b>	
	Lea Stephenson	13.16	(36)		Matthew Crow	13.39	(40)		Kris Whitelaw	14.48	(46)
	Jamie Adams	11.59	(29)		Mark Ketley	13.23	(36)		Adam Rowe	13.13	(42)
	Darren Towerd	15.00	(33)		Matthew Stancliffe	14.15	(37)		Mel Carr	15.21	(45)
	Phil Thompson	11.35	(28)		George Boyek	13.38	(36)		Dave Williams	14.03	(44)
<b>29</b>	<b>Elswick Harriers 'A'</b>	<b>51.55</b>		<b>37</b>	<b>South Shields 'A'</b>	<b>55.19</b>		<b>45</b>	<b>Jarrow &amp; Hebburn AC 'B'</b>	<b>57.28</b>	
	Lee Agger	11.20	(14)		Neil Yorston	13.18	(37)		Brian Marshall	15.02	(48)
	Paul Jones	12.28	(19)		George Bull	14.26	(40)		John Campbell	13.47	(45)
	Lee Coulson	13.56	(26)		Gary Dunlop	14.41	(42)		Nick McGuirk	14.22	(44)
	Ryan Davison	14.11	(29)		Chris Warnock	12.54	(37)		Jack Maddison	14.17	(45)
<b>30</b>	<b>Heaton Harriers 'C'</b>	<b>52.13</b>		<b>38</b>	<b>Jesmond Joggers 'A'</b>	<b>55.28</b>		<b>46</b>	<b>Claremont R.R. 'A'</b>	<b>59.28</b>	
	Micky Mallen	12.28	(31)		Scott Armstrong	14.42	(45)		Owen Fallon	16.26	(49)
	Andy Burden	12.33	(27)		Neil Clayton	14.04	(44)		Mungai Wairia	14.34	(48)
	Scott Mantee	12.44	(28)		Ian McDonald	13.33	(41)		Jonathan Gilroy	12.28	(46)
	Christopher Dunn	14.28	(30)		Shylesh Alavindan	13.09	(38)		Bill Milbourne	16.00	(46)
<b>31</b>	<b>Sunderland Strollers 'B'</b>	<b>52.38</b>		<b>39</b>	<b>Tyne Bridge 'F'</b>	<b>55.50</b>		<b>47</b>	<b>Sunderland Harriers 'C'</b>	<b>60.23</b>	
	Aidan Crowe	12.51	(34)		John Goldsbrough	12.53	(35)		Fred Judson	14.56	(47)
	Craig Harriman	13.03	(33)		James Knox	13.39	(35)		Tony Tompson	14.19	(46)
	Michael Boyle	13.31	(31)		Adam Jones	14.44	(36)		Brian Long	15.02	(47)
	Dan Anderson	13.13	(31)		Asari Rashid	14.34	(39)		Lenny Christopher	16.06	(47)
<b>32</b>	<b>Blyth RC 'B'</b>	<b>52.39</b>		<b>40</b>	<b>Houghton Harriers &amp; AC 'A'</b>	<b>55.55</b>		<b>48</b>	<b>Blackhill Bounders 'B'</b>	<b>62.15</b>	
	Peter Holmbeck	12.16	(27)		Steve Johnson	12.22	(28)		Nick Hattrick	16.41	(50)
	Craig Birch	13.16	(30)		Johathan Kirk	14.09	(34)		Mark Fish	14.32	(49)
	Mark Nicholson	14.16	(32)		Sahun McGrath	14.15	(35)		Chris Playle	14.29	(48)
	Callum Storey	12.51	(32)		Steve Pearson	15.09	(40)		Stuart Smith	16.33	(48)

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<b>49</b>	<b>North Shields Poly 'D'</b>	<b>63.34</b>	
	Adam Durbridge	17.30	(51)
	Martin Haddon	14.10	(50)
	Dave Morris	17.54	(49)
	Barry Young	14.00	(49)
	<b>Aurora Harriers 'A'</b>	<b>30.26</b>	
	Ian Black	13.56	(42)
	Kenny Pyle	16.30	(47)
	<b>Sunderland Harriers 'D'</b>	<b>14.00</b>	
	Gary Fox	14.00	(43)